## Instructions:

You can work to a straight line or a completed entire card.

Return your card via email by February 18<sup>th</sup> to <a href="www.wsand@quidnunc.net">wsand@quidnunc.net</a>.

Your name:		Email:		
Attended 2/2 WA webinar	Following a local legislator on social media.	Visited the Academy's advocacy web pages.	Found the <u>State</u> <u>Legislative Tracking Map</u> .	Completed 1 Academy Action alert in January
Initials	Initials	Date	Date	Date
Emailed at least 1 state representative this session.	Made an ANDPAC donation as part of conference registration.	Completed an Incidence of Harm Report in the past year.	Looked up and identified my state representatives.	Reviewed the "how to advocate" info.
Date	Date	Date	Date	Date
Visited Governor Inslee's web pages and reviewed issues related to food and nutrition.  Date	Read the "Legislative Process" information on the Academy Policy web page.  Date	Free Cell	Reviewed at least 2 of the Academy's posted current legislative priorities.  Date	Using the State Legislative Tracking map, identified # of WA State bills.  Date
Completed 1 Academy Action alert in February.	Reviewed the Academy's <u>Health</u> <u>Equity info and Issue</u> <u>Brief</u> .	Visited 2 federal legislators' websites.	Attended WA 2/9 webinar	Emailed at least 1 state senator this session.
Date	Date	Date	Initials	Date
Attended the Academy's Nutrition & Advocacy Summit in 2022.	Looked up and identified my state senator.	Made an ANDPAC donation in the past 3 months.	Visited 2 state legislators' websites.	Visited the WA State Academy policy web pages.

Date

Date

Date

## **Prizes:**

Initials

Completed bingo card – all will be entered into a drawing for 1 of 3 2022 conference registrations.

Date

Straight line – all will be entered into a drawing for 1 of 2 - \$25 gift cards.

At least one square – all will be entered into a drawing for 1 of 5 - \$5 gift cards.